



The world traveler's  
**GUIDE**  
on how to survive in

*Graz*



**IAESTE Graz**

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## 1 Welcome

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Dear trainee,

Welcome to Graz! We are very happy that you chose the green heart of Austria as the destination for an unforgettable internship with IAESTE. We hope that apart from a valuable work experience, you will also have a lot of fun with wonderful people in these new and exciting surroundings. Before we start our adventures together we would like to offer you a few facts and information that might help make your stay in the city more pleasant and stress free. In this booklet you will find all necessary information regarding bureaucratic procedures, leisure activities, nightlife, sightseeing etc. as well as contact information regarding IAESTE Graz. If you have any questions or suggestions, please don't hesitate to ask, we will be happy to help you. We hope you enjoy your stay and create some unforgettable memories in Graz!

Yours,

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## 2 Facts and Figures

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### 1.1 Graz

Graz is the capital of Styria and with about 270.000 citizens and an area of 128 square kilometers the second largest city of Austria. Graz is located in the South-Eastern part of the country on the Mur River and is about 200 km Southwest of Vienna. Its Old Town is one of the best-preserved city centers in Central Europe and was added to the UNESCO list of World Cultural Heritage Sites. Also Graz is known for its students and universities. These days there live about 50,000 students in Graz.

The official language in Austria is German, but English is widely spoken by Austrians and foreigners alike. Just in case, here are some useful phrases that could help you in your everyday life:

Good morning = Guten Morgen

Good day = Guten Tag

Good evening = Guten Abend

Good night = Gute Nacht

Bye = Auf Wiedersehen

Official Hello = Grüß Gott (typical Austrian)

Thank you = Danke

Please = Bitte

Graz is quite easy to reach by plane, train, bus, and car. The Airport of Graz offers daily flights to almost all major cities in Europe and others worldwide. The biggest train station in Graz is the newly renovated Hauptbahnhof (Main Train Station), where you have good connections to neighboring towns and countries. You can find all information regarding connections and the travel-schedule under

[www.oebb.at/de/Services/Services\\_am\\_Bahnhof/Information\\_zum\\_Bahnhof/Bahnhof/index.jsp?pk\\_bfnr=3171&ort=graz&nextrow=1](http://www.oebb.at/de/Services/Services_am_Bahnhof/Information_zum_Bahnhof/Bahnhof/index.jsp?pk_bfnr=3171&ort=graz&nextrow=1) .

You can buy train tickets from Vienna to Graz from a red OeBB ticket machine (not the green ones of Vienna's public transportation system) in any train station in Austria, in particular at Wien Meidling station and at the "light rail" station (Schnellbahn, SS) (not the CAT stop) at the airport. You can also buy an eticket on [www.oebb.at](http://www.oebb.at).



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## How to get from Vienna Airport to Wien Meidling

Note that for Wien Meidling train station many different names are used in the public transportation system: the airport bus stop at this train station is called Dörfelstraße; the subway (U6) stop is in the process of being renamed from Philadelphiabrücke to Bahnhof Meidling and the light rail stop (Schnellbahn) is called Wien Meidling.

To get from Vienna Airport to Wien Meidling train station, you have several options.

The simplest is to take the airport bus to "Dörfelstraße". The busses depart from the airport at the full and half hours xx:05 and xx:35, between 6:05 and 23:35. The trip from the airport to Wien Meidling takes about 30 minutes and costs 8€ per person.

### Online train and public transportation schedules

You can search for connections from Vienna airport to Wien Meidling train station on the website of public transportation in and around Vienna ([www.wienerlinien.at](http://www.wienerlinien.at)) by typing "Flughafen Wien" to "Bahnhof Meidling". Searching on the national railway website ([www.oebb.at](http://www.oebb.at)) for "Flughafen Wien" to "Graz", however, finds most of these connections, too, and selects the best one for catching the next train to Graz.

Maps of the Viennese public transportation system can be found under [www.netzplanwien.at/netzplan](http://www.netzplanwien.at/netzplan) and for Graz under <http://verbundlinie.at/linien/netzplaene.php>

For more information about Graz, visit [www.graz.at/](http://www.graz.at/)

## 1.2 IAESTE Graz Contact Information

The IAESTE Graz office will be your first point of contact and the starting point of many activities. The office is close to the tram station Schulzentrum St. Peter of the tram line 6, where also seven bus lines are crossing: 64, 68, 71, 72, 73U, 76U and 510.

Office: +43 (0) 316/873-5192

Fax: +43 (0) 316/ 316 873 51 93

Homepage: [graz.iaeste.at](http://graz.iaeste.at)

Email: [graz@iaeste.at](mailto:graz@iaeste.at)



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A - 8010 Graz



## 2 General Information

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### 2.1 Emergency Numbers

In case of accidents you can call the emergency numbers listed below.

European SOS: 112

Fire Department: 122

Police: 133

Ambulance: 144

Contamination center: 01 406 43 43 (Vergiftungszentrale)

Please save this numbers in your phone, so that you can call someone in an emergency situation.

### 2.2 Registering for Health Insurance

Your internship contract also comes with health insurance. During work you are covered by your employer. However, before you came here you should have also organized some travel or free time insurance, so that you are also covered when you are going on vacation or, for example, do some sports in your spare time. Please do not forget to bring any insurance cards with you when attending a physician. In case you are neither registered for health insurance in your home country, nor registered through your employer, there is a way to register for health insurance at the local health insurance provider (GKK) yourself.



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Anyway, it is really important that you find out whether or not you are registered for health insurance during the time of your internship. If you are not enrolled at an Austrian university for a degree, you will have to insure yourself at the regular fee and once you have your eCard (Austrian health insurance card), you should always have it with you when you need medical treatment.

## 2.3 Hospitals

A list of hospitals in Graz can be found here:

[www.herold.at/gelbe-seiten/graz-stadt/krankenh%C3%A4user-u-kliniken/](http://www.herold.at/gelbe-seiten/graz-stadt/krankenh%C3%A4user-u-kliniken/)

In times you are not so sure about the status of your health insurance, it is recommendable to go to the **Landeskrankenhaus (LKH) or general hospital.**

Take Tram Number 1: LKH / Maria Trost (always the direction of the tram)

Tram Number 7: LKH St. Leonhard/ LKH

Busline 64, 41, 77

You can find the map of all lines under the following link:

[http://www.verbundlinie.at/linien/download/liniennetz\\_graz.pdf](http://www.verbundlinie.at/linien/download/liniennetz_graz.pdf)

There is one main hospital responsible for accident treatments:

### **Unfallkrankenhaus (UKH) Graz**

Göstinger Straße 24

8020 Graz

Tel.: [+43 316 505](tel:+43316505)

E-Mail: [UGV@auva.at](mailto:UGV@auva.at)

Internet: [www.ukhgraz.at](http://www.ukhgraz.at)

How to get to the UKH:

Tram Number 1: Eggenberg/UKH

Bus Number 85: Göstingerstraße/UKH



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In case of emergencies there is an internet tool available which helps you find a doctor in your vicinity. You can use this tool to find general practitioners or dentists which are located nearby.

General practitioner: [www.herold.at/gelbe-seiten/graz-stadt/hausarzt/](http://www.herold.at/gelbe-seiten/graz-stadt/hausarzt/)

Dentist: [www.herold.at/gelbe-seiten/graz-stadt/zahnarzt/](http://www.herold.at/gelbe-seiten/graz-stadt/zahnarzt/) ;

## 2.4 Registration at the Municipal Registry Office

IMPORTANT: You have to register by the 3rd day of your stay in Graz, and also deregister three days before you leave at the local municipal registry office. If you have any questions ask your local IAESTE team.

To register in Graz information can be found on this page:

German Registration Form / Meldezettel:

[www.graz.at/cms/dokumente/10023440\\_398467/593e3a50/Blg.1\\_\\_Meldezettel\\_2013\\_.pdf](http://www.graz.at/cms/dokumente/10023440_398467/593e3a50/Blg.1__Meldezettel_2013_.pdf)

English Registration Form

[www.graz.at/cms/dokumente/10023440\\_398467/bb9d1455/meldezettel-hilfe\\_eng%20\\_2\\_.pdf](http://www.graz.at/cms/dokumente/10023440_398467/bb9d1455/meldezettel-hilfe_eng%20_2_.pdf)

French Registration Form

[www.graz.at/cms/dokumente/10023440\\_398467/4f6f5041/meldezettel-hilfe\\_franz%20\\_2\\_.pdf](http://www.graz.at/cms/dokumente/10023440_398467/4f6f5041/meldezettel-hilfe_franz%20_2_.pdf)

Russian Registration Form

[www.graz.at/cms/dokumente/10023440\\_398467/cd0e3fcf/meldezettel-hilfe\\_rus%20\\_2\\_.pdf](http://www.graz.at/cms/dokumente/10023440_398467/cd0e3fcf/meldezettel-hilfe_rus%20_2_.pdf)

Bosnian/Serbian/Croatian Registration Form

[www.graz.at/cms/dokumente/10023440\\_398467/94e20e8a/meldezettel-hilfe\\_bos-kro-serb%20\\_2\\_.pdf](http://www.graz.at/cms/dokumente/10023440_398467/94e20e8a/meldezettel-hilfe_bos-kro-serb%20_2_.pdf)

Turkish Registration Form

[www.graz.at/cms/dokumente/10023440\\_398467/1bf93490/meldezettel-hilfe\\_t-374rk%20\\_2\\_%20\\_4\\_.pdf](http://www.graz.at/cms/dokumente/10023440_398467/1bf93490/meldezettel-hilfe_t-374rk%20_2_%20_4_.pdf)

After filling out the form take your passport, the Meldezettel signed from your landlord and your confirmation of employment, go to the municipal office of your district and register. Opening times are from Monday to Friday from 7:30 am to 1:00 pm and on Monday from 1:00 pm to 3:00 pm, if you ask for an appointment. But be aware that each municipal office has its own opening times, which you



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can look up on the link below. Here you can find a list with each district (Bezirk) and the address of its municipal office:

[www.graz.at/cms/beitrag/10022850/313359/](http://www.graz.at/cms/beitrag/10022850/313359/)

There are no fees for registering.

Please do not forget to de-register three days before you leave Graz.

## 2.5 Prolonging the internship

In some cases your employer might ask you to prolong the internship if he is satisfied with your work and wants you to finish a project. If that happens, the IAESTE office should be contacted as soon as possible, at least 2 months in advance. You can do this either by telling the person who is in charge of your internship, or by writing an email to the IAESTE office. You also need to tell your employer, that he needs to fill out a new company confirmation note (Firmenbestätigung) for the new time period. In case you are staying longer you will need to get a new visa and therefore, you need to contact your IAESTE office in Graz. To apply for the Visa you will most probably also need a confirmation of accommodation which can be made by the IAESTE office after you have prolonged your accommodation.

## 2.6 Prolonging/changing/cancelling the accommodation

In order to prolong/change the accommodation at which you are staying, you need to contact the people responsible for it at least 2 months in advance. It is important to notice, that as a trainee, only you and your accommodation organizer carry all the responsibility for your place of stay. IAESTE is not responsible for anything connected with it. All we can do is try to help you, but we cannot be held responsible in case of failure. After you have managed to reserve a room for yourself, you need to contact the IAESTE office so that a confirmation of accommodation (Unterkunftsbestätigung) can be made. This is necessary to prolong your visa.

## 2.7 Lost your documents or other valuables

In case you lost anything that is important to you, the measures to take depend on where you lost it. If you lost something in any of the ÖBB trains (Austrian Railways), please visit the website of the Lost and Found service of the Austrian Railways:

[www.oebb.at\(www.oebb.at/infrastruktur/en/LostAndFound/index.jsp\)](http://www.oebb.at(www.oebb.at/infrastruktur/en/LostAndFound/index.jsp))



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OR call their hotline +43 1 93000-22 2 22 , which is available from Monday to Thursday from 07:30 to 12:00 and 14:00 to 16:30 as well as Fridays from 07:30 to 13:30.

Lost identity cards and documents as well as bank cards and wallets will be sent to the Lost and Found Service Central Office of the Lost and Found Service in Graz.

If you lost something somewhere along the network of the Holding Graz (e.g. trams, busses), these items will be passed on to the Central Office of the Lost and Found Service after about 2 or 3 days.

Contacts of the Central Office of the Lost and Found Service

Address: Parkring 4, 8010 Graz

Tel.: [+43 316 872-2390](tel:+433168722390)

Fax: [+43 316 872-2399](tel:+433168722399)

E-Mail: [fundamt@stadt.graz.at](mailto:fundamt@stadt.graz.at)

Opening hours: Monday to Friday 8 -13 o'clock

If you lost account cards, an ID card, or other official documents, please go to the municipal office (Magistrat- look to section 3.1 for instruction how to find one) or next police station and report it. In some cases (e.g. when you lost a bankcard) you will need to file a loss report as soon as possible. In case of a lost bankcard, of course you have to inform your bank as soon as possible as well, so that they can block any unauthorized access to your account.

If you lost your eCard, please inform your health insurance institution. They can issue another card for you.

## 2.8 Problems at work

If you experience any problems at work such as:

- There is a misunderstanding between you and your employer or fellow employees,
- The work that you are doing does not fit the job description you signed up for,

Please contact your local IAESTE office. We will do our best to clarify any difficulties.



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## 3 Weather and clothes

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### 3.1 Summer

Graz can be quite warm in the summer (average 22 – 26°C) with occasional maximums of up to 36 to 38°C. It receives a moderate amount of rainfall, the maximum of 125 mm being in July. Generally, the precipitation culminates over a few rainy storms and overall it is very sunny. Therefore, it is recommended to bring light clothing, but also something to prepare for the rain. There are some lakes like Schwarzl or Copacabana close to the city, so it would be nice to bring a swimsuit.

Copacabana (pond):

Tel: +43/(0)3135-55385

Homepage: [www.copacabana.at](http://www.copacabana.at)

### 3.2 Winter

From the end of November to February the temperatures often fall below the freezing point. In December, Graz receives on average not more than 2 hours of sunshine and an average of 35 mm of precipitation. Snow is frequent. It is wise to bring a winter jacket, gloves, a scarf and a warm cap for the cold winter days. Also, water resistant winter shoes are highly recommendable for the melting season as well.

### 3.3 Autumn and Spring

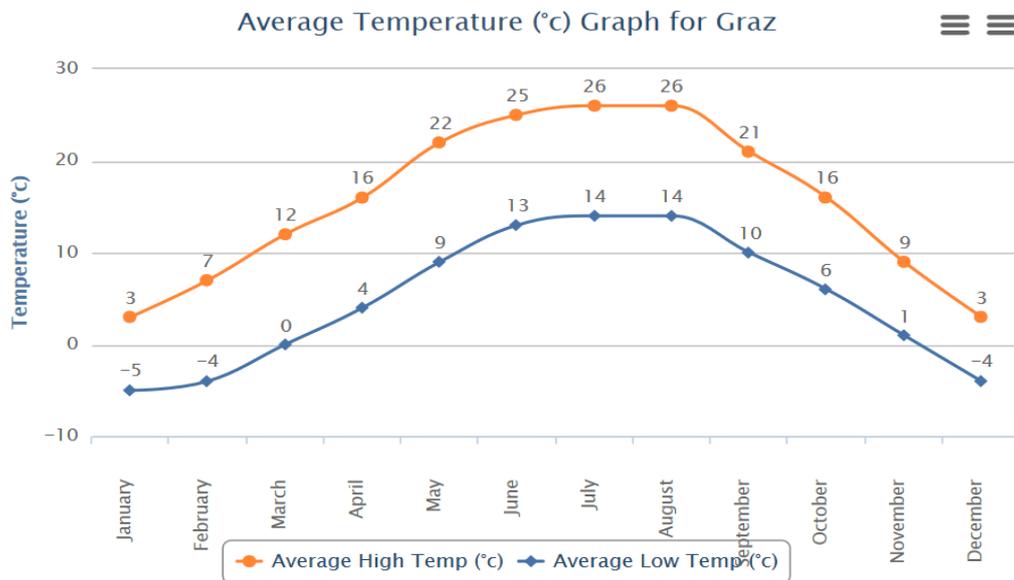
The temperatures are mild around 16°C. Generally, spring is one of the best seasons to visit Graz, because of its beautiful gardens (the city park and the Schlossberg). However, the weather can become unpredictable. There are less storms than in summer, but sometimes it can drizzle over long periods of time (up to a few days). Therefore, remember to bring a rain jacket or an umbrella.



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Source: <http://www.worldweatheronline.com/Graz-weather-averages/Steiermark/AT.aspx>

## 4 Getting Around

### 4.1 Public Transport

#### 4.1.1 In Graz

Graz's public transport is well organized and you can get nearly anywhere with public transport. All information about the public network can be found under: [www.holding-graz.at/linien.html](http://www.holding-graz.at/linien.html).

The network consists of 3 means of transport:

1. Trams (Straßenbahn) are marked by one or two digit numbers (eg: 1 or 26). They offer quick movement over short distances. Available generally during the day. (exact time depends on the line)
2. Busses are marked by two digit numbers (eg: 34). Sometimes the number is combined with a letter. (eg: 34 E) Then this bus goes another route, than the bus without the letter, mostly a shorter one.
3. Nightlines are marked with an N at the beginning (e.g N1), the nightlines are busses which are active only during the night (0:30-5:00 am). They have completely different routes than the daily lines, and are sometimes available only during the weekend and go from N1 to N8. They travel over much larger distances than normal buses. **IMPORTANT:** The night buses do not stop



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at the stations where no passengers are waiting, so it is important to press the STOP button when approaching the right station. It is also possible to ask the driver personally to stop at the right station.

IMPORTANT:

After 8 pm you have to get on the bus at the front door and present your ticket to the driver.

#### 4.1.2 In Austria

Public transport outside of Graz mainly is organized by the ÖBB. It is separate from the Holding Graz Linien. To go to places nearby Graz it is best to take regional trains (Regionalzug) or the so called “S-Bahn”. If you want to go to other cities it is faster to take an intercity train (IC) or a Railjet. To find the best connection it is useful to visit the page: [www.oebb.at](http://www.oebb.at) or use the app ÖBB SCOTTY.

IMPORTANT: travelling outside of Graz requires a different Ticket than within the city! (see next chapter)

Also please do not forget to check out the membership card of the ÖBB, which is called Vorteils card (<http://www.oebb.at/de/Ermaessigungskarten/VORTEILSCARD/index.jsp>) . With it you will only pay half of the actual prize and only pay once a membership fee. With the Vorteils card you can also acquire the Sommerticket ([http://www.oebb.at/de/Services/Neu\\_fuer\\_Sie/Das\\_OeBB\\_Sommerticket/index.jsp](http://www.oebb.at/de/Services/Neu_fuer_Sie/Das_OeBB_Sommerticket/index.jsp)) , which will let you take any train or bus by the ÖBB within Austria during the summer for free. You only pay once a fee and then you can go as far and as often as you want. It is highly recommended if you are interested on cheap travelling.

#### 4.1.3 Tickets

##### 4.1.3.1 General Information

Graz is the core zone (Kernzone or Zone 101). With a ticket for this zone you can use any bus or tram with two letters. If you want to go to the environs you will have to pay extra and take a bus with three letters. A single ticket is valid for travelling one way in one zone. You may change to different lines in the course, but you may not interrupt your journey. In a tram you can buy the ticket on board at the ticket machine and in the bus you can get a ticket from the driver. You can also buy a ticket with a smartphone-app, at the tobacconist, or at the ticket machines at Hauptbahnhof (Main train station), Hauptplatz (Main Square), Liebenau/Murpark and Jakomini Square.

The following routes are free for all passengers as part of the Altstadtbim:



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Linien/Lines 1 + 7: zwischen/between Südtiroler Platz & Kaiser-Josef-Platz

Linien/Lines 3 + 6: zwischen/between Südtiroler Platz & Dietrichsteinplatz

Linien/Lines 4 + 5: zwischen/between Schlossbergplatz & Finanzamt

Linie/Line 13: zwischen/between Dietrichsteinplatz & Finanzamt

Linie/Line 26: zwischen/between Jakominiplatz & Dietrichsteinplatz

#### 4.1.3.2 *Buying and validating the tickets*

The tickets can either be bought electronically, at the tobacconist or at ticket machines at Hauptbahnhof (Main train centre), Hauptplatz (Main Square), Liebenau/Murpark and Jakomini Square.

There are two ways in which you can validate the ticket. One of them is to validate it at a validating machine. These can be found inside of trams and buses. The second way is to validate it immediately at the buying machine in a tram or a bus by buying it there.

## 4.2 Biking

If you want to rent a bike there are several facilities. (<https://grazbike.at/de/web>)

However, it is cheaper to buy a (used) bike at a number of stores (eg. Dietrichsteinplatz) for the time of your stay. Furthermore, you are independent and don't have to return the bike and you can sell it when you leave.

## 4.3 Taxis

Taxis are probably one of the most expensive, but also the most comfortable ways of moving around. Taxis are available 24/7, so if you ever find yourself in trouble, and cannot find the way home, you can always call one. Here are some telephone numbers you might find useful:

+43316/878 – Taxi 878

+43316/889 – Taxi 889

+43316/2801 – Taxi 2801



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## 5 Mobile Phone Networks

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It is probably best to get an Austrian SIM card with a pre-paid plan card for the time of your stay in Austria, which you will be getting from us in your Welcome Packages.

However, if that is not good enough here are the main mobile phone networks in Austria:

1. A1 ([www.a1.net](http://www.a1.net))
2. Drei ([www.drei.at](http://www.drei.at))
3. T-mobile ([www.t-mobile.at](http://www.t-mobile.at))
4. Teling ([www.teling.at](http://www.teling.at))

## 6 Banks and money

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### 6.1 Opening times and money withdrawal In Austria

Banks are, in general, open from about 8am to 3pm, on Monday to Friday. Many people also have a lunch break at midday. However, for specific times one has to check their website, as it also largely depends on the Bank. Money can be withdrawn from ATMs at any time of the day. To find the nearest ATM (=Bankomat in German) it is useful to use the Website [www.psa.at](http://www.psa.at) and click at “Bankomatsuche” in the right bottom corner. Then:

1. In the category “Bundesland” choose “Steiermark”
2. In the category “PLZ” choose the postal code of the district where the ATM should be located.  
The search shows a list of all ATMs in the region.

### 6.2 Opening a bank account

In order to open a bank account in Austria you will need your passport, onfirmation of accommodation and confirmation of employment and/or your student ID card with a signature. Almost all banks will offer multilingual mobile applications for banking. Some banks you can choose from:

- Unicredit Bank Austria
- Raiffeisen Bank
- Erste Bank (also called Sparkasse AG)
- Bawag PSK
- Volksbank



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Those that ONLY offer online services:

- easy Bank
- Bank Direkt
- DKB (Deutsche Kreditbank AG)
- DirektAnlage

The simplest type of account is the so called Giro or current account (“Girokonto” in German) which is used for payments and transactions. It can be acquired for free by students and is usually valid for one year. The usual debit card (“MaestroCard”) is sent to the account owner immediately.

## 7 Life

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### 7.1 Culture

In terms of culture Austria is similar to other Western European countries. However, it has its own little nuances.

As mentioned in section 8.2.1 one of the most important differences is that all shops are closed on Sunday and on Holidays. That is rather important, because if you don’t prepare and buy food on latest Saturday, life get very difficult. Additionally, the opening times are respected, so if you are in a shop at closing time, you will be asked to leave. The shops close punctually, and there is no “open until the last client” rule. Punctuality is an important “virtue” in Austria. When you make an appointment, or are going to work you are always expected to come on time or even a bit earlier (10-15min). Only parties are an exception. At work, it is seen as a crime if you are late at work or late with your assignment and to be fired can be the consequence.

Lastly, when you are paying at a restaurant or at a bar it is not unusual to leave a tip. Not everybody does this, but if they do, they usually round up the price to the next whole Euro.

### 7.2 Food

#### 7.2.1 Groceries

There are a number of supermarket chains in Graz: Billa, Spar, Zielpunkt, Hofer, Merkur, etc. Hofer is probably the cheapest. It is important to remember that **all supermarkets are closed on Sundays and holidays**. There are a few important things to remember before going shopping in Austria:



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- Austria is BIG on recycling, so you will have to bring your own bags
- The shop clerks will not help you pack your groceries
- If you want a cart you will need a 0.50€, 1€ or 2€ coin
- When you want to buy fruit or vegetables you will sometimes need to weigh them yourself. All products have a number next to the price and you will need to use the scale to print out a price tag to stick on the bag.
- Generally supermarkets close before 8:00 p.m. during the week and at 6:00 p.m. on Saturdays.

Here is a list of grocery products with their average prices. A more complete list with comparisons in other currencies can be found on [www.numbeo.com](http://www.numbeo.com):

Milk (1l)	1.03€
Loaf of Fresh White Bread (500g)	0.69€
Rice (1kg)	1.23€
Eggs (10)	2.56€
Local Cheese (100g)	1.16€
Chicken Breasts (1 kg)	9.50€
Apples (1kg)	2.00€
Oranges (1kg)	1.24€
Tomatoes (1kg)	2.43€
Potatoes (1kg)	1.12€
Lettuce (1 piece)	0.95€
Water (1.5l)	0.80€
Bottle of Wine (MidRange)	7.00€
Domestic Beer (0.5l)	0.92€
Imported Beer (0.33l)	1.31€
Pack of Cigarettes (Marlboro)	4.70€

### 7.3 Restaurants

There is a great range of restaurants in Graz. You will find all kinds of restaurants with international as well as Austrian cuisine. A lot of different restaurants can, for example, be found close to Main Square around Mehlplatz and Glockenspielplatz.

Very popular among students are the so called Bausatzlokale, because they are rather inexpensive and you can choose the ingredients for your meal yourself.



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These are:

- Bierbaron (Heinrichstraße 56, 8010 Graz)
- Zeppelin (Heinrichstraße 15, 8010 Graz)
- Posaune (Zinzendorfgasse 34, 8010 Graz)
- Sägewerk (Kaiser-Josef-Platz, 8010 Graz)
- Grammophon (Maiffredygasse 12, 8010 Graz)
- Continuum (Sporgasse 29, 8010 Graz)
- Area 5 (Jakominiplatz 12, 8010 Graz)

## 7.4 Shopping

There are several areas in Graz which are good for shopping. There is a number of shops in the city center around Main Square, Jakomini Square and Herrengasse, which also connects these two squares.

The probably most exclusive and also a rather expensive place for shopping in Graz is Kastner & Öhler, which is located next to Main Square in Sackstraße 7, 8010 Graz.

Furthermore, there is also a number of shopping centers outside the city center. The biggest is Shopping City Seiersberg in the South of Graz. To get there take bus 32 from Jakomini Square until the final stop and then change to bus 78. Then get off at Shopping City Seiersberg.

The shopping center Murpark is also in the South of Graz, but closer to the center. To get there either take the tram no. 4 or the buses 64, 64E, 72, 74, or 75 and get off at Murpark.

In the North of Graz you can find the shopping center Shopping Nord. You can get there with the bus 52 from the main train station.

## 7.5 Sports and recreation

There are plenty possibilities to exercise in your free time. Here are some different options for you:

### **Fitness centers (GYMs):**

- Fit INN (at Jakomini Square, at Libenau Stadium= UPC Arena, at main train station)
- Mac Fit (at main train station)

Please check which memberships they offer because most of the times they are yearly or half-yearly.



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## Swimming:

Some centers with indoor (and partly also outdoor) pools:

- Auster (tram 1 to Eggenberg/UKH and get off at the station Auster)
- Sportunion Steiermark (pool) Gauflgasse 3
- Bad zur Sonne (Feuerbachgasse 11-13)

Some leisure centers with only outdoor pools / lakes (open only in summer):

- Augartenbad (Schönaugürtel 1)
- Stukitzbad (Andritzer Reichsstraße 25a)
- Bad Strassgang (Martinhofstraße 3)

Lakes

- Schwarzlsee
- Copacabana

## Tennis center:

GTC Grazer Tennisclub (Jakominigürtel 23; Tel: [+43 316 / 831872](tel:+43316831872))

## Dance school:

Tanzschule Eichler (Südtirolerplatz Griesgasse 1; tram 1,3,6,7 and get off at Südtirolerplatz/Kunsthhaus =blue bubble)

Tanzschule Conny und Dado (Körösisstraße 81; Tam 4,5 and get off at Seniorenzentrum, walk along the white fence and you will get in front of it.



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## 7.6 Sightseeing

Graz is a very old and fancy town. The Herrengasse, for example, is the main street with a lot of history and the most expensive houses. The old town in the city center of Graz is protected as UNESCO world heritage. You can most easily visit this part of town by walking around.

In the middle of the old town is a hill called Schlossberg. From the top you will get an amazing view over whole Graz and the surrounding areas. You can walk to the top, or it might also be interesting to take the funicular to the top. Another option to get to the top of the Schlossberg is the elevator which is installed inside the Schlossberg.

Furthermore you can go to the biggest selection of arms at the Zeughaus. Other important museums are the Universalmuseum Joanneum and the museum of modern art in the Kunsthaus.

Another very interesting place is the castle in Eggenberg (Schloss Eggenberg) with its surrounding park which is also a UNESCO world heritage site.

## 7.7 Cinema, opera and classical concerts

### 7.7.1 Cinemas

You can watch movies in English at the KIZ Royal cinema which is close to Jakomini Square in Conrad-von-Hötzendorfstraße 10. To get there take the tram 4 or 5 and get off at Finanzamt.

Other cinemas in Graz:

- Cineplexx (Tram 5; Bus 62, 24, 65, 78 or 80 and get off at Brauhaus Puntigam)
- UCI Kinowelt Annenhof (Annenqt2afle 29, tram 1,7,3,6 get off at Roseggerhaus)
- Schubertkino (Mehlplatz 2)

### 7.7.2 Opera and classical concerts

The Opera house is situated at the Kaiser-Josef-Platz and hosts a great variety of different modern and classical operas, musicals and ballet performances. To get an overview of the current schedule go to: [www.oper-graz.com/spielplan.php](http://www.oper-graz.com/spielplan.php)



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## 7.8 Nightlife

If you want to party, Graz is definitely a great place to have a lot of fun. No matter if you prefer elegant clubs or student bars – entertainment is guaranteed. A big number of bars and clubs is located in Elisabethstraße and the surrounding area called Univiertel (around the Karl-Franzens-Universität/University of Graz) where you can party until the early morning hours.

If you want to go for a relaxed drink after work there are also a lot of great pubs and bars around Main Square and in Sporgasse.

## 8 IAESTE events and contact

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No matter if you come in summer or winter, the IAESTE team Graz welcomes you.

During your stay you are free to join our events in Graz and outside of Graz. Most of the years we organize the so called “Graz Weekend” where trainees from different countries around Europe also take part. Throughout the whole summer many of those weekends are organized in different places in Austria and all over Europe. For example, there is the famous “Prague Challenge”, where over 150 trainees from all over Europe come and join. Or the “Hiking Weekend” organized by IAESTE Graz, where you will be hiking up a mountain and sleep in a cabin. IAESTE does not pay for the travelling costs to those cities. However, usually the fee, which covers housing and the program of the weekend is fairly cheap and with the summer ticket of the ÖBB you can travel for free in Austria during the summer. (Summer Ticket of the ÖBB see Getting Around)

Throughout the year there is also a “Summer or Winter Reception” Program which has the purpose to entertain trainees during the weekends. In order to find out what is currently happening you should join the Facebook Group: “IAESTE Graz Reception Group”. All the information will be posted there. Please add one of us (IAESTE Graz members, preferable your Exchange Incoming Coordinator) as a friend so that we can add you to the group!

In order to organize your time efficiently, check out the Website [ieaste.eu](http://ieaste.eu). In the calendar you can check where and when the events or weekends are organized.

These events are a great opportunity to get to know other interns and people from all over the world as well as to see the beauty of whole Austria. We’re looking forward to meeting you there!



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Enjoy your stay and do not hesitate to ask if  
you need something!

All the Best, IAESTE Graz!



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